

Positive Alternatives 2016 - 17 Quarterly Update

Grantee (Name and city): Health Resources LifeCare Center, Fergus Falls

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Goal: Education (Earn While You Learn), Prenatal Care Program, Fertility Care, Prenatal Vitamins & Ultrasound Services

For the period/quarter: June 19 – September 30 2016

Activity or Service	Activity or Service Description Major Work Plan Activities	Work Plan Count	Program Progress and Accomplishments Report the progress and accomplishments made this period on each activity.	Report Count
Administrative Activities	Recruit and train new volunteers Support current volunteers Train TFL educators on updated/expanded program/materials Oversees prenatal vitamin program Establish and make relationships stronger with community agencies – making them aware of our prenatal vitamin program Keep Nurse Manager CPR certificate up to date and offer infant CPR to clients.		Health Resources has recruited volunteers through advertising on our social media page, talking to area churches and sending out mailings with volunteer opportunities. Educators are routinely trained on programs and materials as they pertain to the clients. The Nurse Manager and Nurse Educator oversee the prenatal vitamin program. Relationships with the community have been made stronger by updating the brochures and Pregnancy and New Baby materials given out at the local clinic. The Nurse Manager and Nurse Educator are up to date on CPR as well as 5 staff at Health Resources Center. 2 clients have taken CPR this quarter.	

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Outreach	Purchase promotional material, advertising, educational material Expand EDUCATION Program (English & Spanish) Establish and make relationships stronger with community agencies Promote Ultrasound Programs and Advertise ultrasound services Partner with other community programs to increase the number of ultrasounds		Promotional materials have been updated and purchased. Health Resources in continually looking for materials that are presented in English and Spanish. During this quarter, the Nurse Educator met with the local school district Nurse to discuss services Health Resources offers and provide materials for the School Nurse to have for students. The Ultrasound room recently was updated. Pictures of this update were promoted on social media. Providers at the local clinic refer to Health Resources for ultrasounds.	
Car Seat Program	Enroll Client in EWYL program Educate clients on car seat safety Provide car seat safety/education when car seat is distributed to client	1	1 client received car seat education. The car seat wasn't distributed because the client has an appropriate car seat already and didn't need one supplied to them.	1
Crib Distribution/ Sleep Safety Education	Enroll Client in Education program Provide Sleep Safety Education when crib is distributed to client Coordinate with Cradle of Hope to provide Pack N Plays to clients after fulfilling requirements for each program.	12/yr	3 clients received education on Safe Sleep and a Pack N Play was distributed to them. 1 client received education alone and a Pack N Play was not received per client request. Cradle of Hope provides 3 Pack N Plays per month as needed for client distribution.	4
Interpreter Services	Provide translation for clients	9/yr	1 client received interpreter services in the Pelican Rapids area. See challenges for further detail.	1

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Life Coaching Education Program	Assist clients in accessing needed services Meet with clients: Enroll clients in EWYL program Meet individually with clients to complete lessons on Life Skills Education and related assignments Assess client needs	15	The Life Coaching is in progress as a staff person has not been adequately trained in this at this time. Training is set to be completed within this program year.	0
Material Support	Assist clients in accessing necessary material resources to assist them in pregnancy and necessary materials to care for baby after birth.	30	17 clients received material support to assist them in caring for baby after birth. Material assistance is offered to every client.	17
Nutrition	Offer each pregnant/nursing clients a voucher for prenatal vitamins	25	27 scripts were filled for prenatal vitamins.	27
Parenting Education	Assist clients in accessing needed services Meet with clients: Enroll clients in EWYL program Meet individually with clients to complete lessons on healthy parenting Assess client needs	60/yr	59 lessons on parenting were provided to 19 distinct clients this quarter. These lessons included Reducing the Risk of SIDS, Shaken Baby Syndrome, Benefits of Breastfeeding and Age appropriate Play 0-6 months.	59
Pregnancy Education	Assist clients in accessing needed services Meet with clients: Enroll clients in EWYL program	25	24 lessons were provided to 10 clients. These lessons included Child Birth Prep, Second Trimester, Nutrition and Caring for Yourself after Delivery.	24

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	<p>Meet individually with clients to complete lessons on healthy parenting Assess client needs</p> <p>Enroll clients in CMFCS program. Train clients (women and/or couples) in the practices and procedures of CMFCS. Evaluate and diagnose any underlying reproductive problems. Provide real solutions to real problems such as infertility, PMS, ovarian cysts, repetitive miscarriage, postpartum depression, hormonal abnormalities, chronic discharges and other problems.</p>	10	26 clients have had intro sessions or follow-ups in the Creighton Model System this quarter. These follow ups include chart reading, coaching and referrals to physicians as needed for medical intervention.	26
Provide Necessary Services to all clients	<p>Provide intake assessment to determine need. Provide women with information on, referral to and assistance with securing pregnancy support services. Utilize resource database to provide information and make referrals</p>		All clients upon initial intake are provided an assessment to determine need. Women are provided information on and referrals to pregnancy support services such as WIC, routine prenatal care and Nurse Family Partnership.	42

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Transportation	Enroll clients in EWYL program Offer each actively enrolled EWYL clients transportation to EWYL classes (Bus/Taxi/Gas)	8/yr.	4 transportation supports were given to 4 clients this quarter. This included bus tickets, taxi services and gas pre-paid cards.	4
Ultrasound	Perform limited diagnostic scans on clients in the first trimester of pregnancy Educate clients on fetal development, nutrition & smoking/chemical abuse	50/yr	9 ultrasounds were provided this quarter. During these ultrasounds the Nurse Manager provides education on fetal development, nutrition and the effects of smoking/chemical abuse on the unborn baby.	9

Maternal and Child Health Initiative Task Force Strategies	No.
<i>Number of women who received car seats and car seat safety education from a PA funded program activity</i>	1
<i>Number of women who received car seat safety education only from a PA funded program activity</i>	1
<i>Number of women who received child abuse prevention education from a PA funded program activity</i>	14
<i>Number of women who received abusive head trauma (shaken baby) prevention education from a PA funded program activity</i>	3
<i>Number of women who received a baby bed, crib, or pack-n-play and sleep safety education from a PA funded program activity</i>	3
<i>Number of women who received sleep safety education only from a PA funded program activity</i>	1

Challenges: The Life Coaching training has not been implemented yet due to the training not yet being complete. The goal is to complete this training in this work plan year.

Material assistance is offered to all clients, however clients are given the freedom to choose to partake in this service.

Ultrasounds are provided by a fully trained Nurse Manager, RN. This service can only be provided between 6 weeks and 13 weeks gestation. This is a relatively short window.

Only one client that received interpreter services falls under the category of Positive Alternatives Clients. This is due to the fact that other clients are not pregnant or their children are older than 1 year.

Comments:

One client graduated from the Education program. This client then was connected with another client that is new to the Education program and is assisting them in finding community ECFE and other support programs for young families.